

Dr. Katrina M. Kulhay, B.Sc. (Hon.), B.Ed., D.C., N.C., L.Ac.

Nutritionist, Acupuncturist, Doctor of Chiropractic, Motivational Wellness Speaker, Anti-Aging Expert

Dr. Katrina Kulhay's professional accomplishments range from Nutritionist, Acupuncturist, Science Teacher, Award - Winning Chiropractor, Anti-Aging Expert and T.V./ Radio Health Educator.

For the past 27 years, long before it was "in vogue", she has been a leading advocate of the combined medical & alternative wellness approach.

Dr. Kulhay, as an astute business woman, has made it possible for over 30 health professionals to succeed in their particular areas of expertise within the Kulhay Wellness Clinic & Educational Centre.

Since 1983, The Kulhay Clinic has grown and is now Canada's largest #1 Alternative & Medical Integrative Facility. A second satellite Kulhay "Country Clinic" was opened in 2002 in the town of Erin, Ontario, in the Caledon Hills near Dr. Kulhay's home town.

Together with her many accomplishments, Dr. Kulhay still creates time to care, treat, and educate as her way of giving back to the community. Dr. Kulhay's upbeat personality and powerful positive message to the public has resulted in the media featuring her regularly on national television calling her their "Health and Wellness Expert".

She was a frequent health expert on CBC (Midday) for years. For 7 years, she was known as the "Alternative Doctor" on City-Line T.V. with Marilyn Denis and for 2 years was the regular wellness expert on Canadian Living Television with Sharol Josephson. In 2002, she was the 1st Host of Wellness Television, a national television show on Prime T.V. and CH/CH.

Her father, a retired police officer, she as a Wellness Educator has lectured to "Metro's Finest" Toronto Police Officers on nutrition, proper foot care (orthotics), health and wellness.

In 2001/2002 she accepted a position with Bally Total Fitness Clubs as their North American Foot / Orthotic Consultant. Dr. Kulhay also especially enjoys pre- & post- natal care and is well - known nationally and in the health community for her pregnancy and nutrition practice.

She travels nationally & internationally offering lectures for wellness certification on her passion of Anti-Aging Facial Rejuvenation Cosmetic Acupuncture Non-Surgical Face Lifting and Cleansing Detoxification.

In 1996 and 1999, Dr. Kulhay was nominated for Woman of the Year by the Toronto Sun and since that time has been featured in the national publication Who's Who of Canadian Women.

In 2000 she was awarded the first time prestigious Golden Apple Award from the Canadian Health Food Association for her work promoting combined alternative and medical health and wellness to the Canadian public.

In 2002, Dr. Kulhay was honored by her chiropractic peers across the country and The Canadian Chiropractor Magazine as the 2002 Independent Chiropractor of the Year.

In 2004, Dr. Kulhay was given her own 1 hour radio show on 1050 CHUM called "Healthy Second Opinion with Dr. Katrina Kulhay". It aired Sunday mornings and featured health practitioners, healthy products and new health information.

Her vision for optimal health care has always been for more public awareness of the "Total Wellness Philosophy" treating the body, mind & spirit, combining both medical and alternative therapies for excellent patient care.

In this regard, she especially enjoys corporate public speaking and is a frequently sought-after speaker. With her bubbly, enthusiastic personality, she's a tireless go-getter and an inspiration to all who meet her!

For any questions or corporate speaking engagements, Dr. Kulhay can be reached by email: drkulhay@kulhaywellness.net or website: www.kulhaywellness.net or tel: 1-866-909-9955.

"Dr. Kulhay is a true pioneer in Canadian Health & sets the Standard for the Ideal Wellness Doctor of the Future."